

	Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Main Option	Chick'n Nuggets & Fajita Wedges (G) Arrabbiata Pasta & Cheese (G, D) Seasonal Greens	Fish Fingers & Baby Potatoes with Peas (G) Chana Masala & Rice (M, Ce) Seasonal Greens	Spaghetti Bolognese (G, Ce) Samosa with Couscous Salad & Mango Raita (G, D) Seasonal Greens	Chili Con Carne, Rice & Nachos (Ce) Tofu Stir Fry Veg Rice (S, Ce, Su) Seasonal Greens	Margherita Pizza & Chips (G, D, Ce) Burger & Chips (G, S) Seasonal Greens
	Light Meal	Jacket Potato & Toppings Cheese and Cucumber Sandwich (G, D) Fresh Salad Bar	Jacket Potato & Toppings Chicken Wrap (G, D, S) Fresh Salad Bar	Jacket Potato & Toppings Cream Cheese and Cucumber Bagel (G, D) Fresh Salad Bar	Jacket Potato & Toppings Cheddar and Lettuce Ciabatta (G, D) Fresh Salad Bar	Jacket Potato & Toppings Fresh Salad Bar
	Dessert	Organic Fruit Yoghurt (D)	Selection of Mousses (D)	Cheesecake (G, D)	Rice Crispy (G, D, S)	Selection of Ice Creams (D)
WEEK 2	Main Option	Mac and Cheese (G,D, Mu) Tandoori Chick'n and Yellow Rice (G, Ce, S) Seasonal Greens	Sausage Roll & Cajun Fries (G, Ce, S) Sweet Potato Falafel, Flat Bread and Hummus (G) Seasonal Greens	Burrito and Sweetcorn Salsa (G, D) Lasagne (G, D, Ce) Seasonal Greens	Hot Dog and Roast Potatoes (G, S, Su) Chick'n Primavera Pasta (G) Seasonal Greens	Margherita Pizza & Chips (G, D, Ce) Burger & Chips (G, S) Seasonal Greens
	Light Meal	Jacket Potato & Toppings Cheese and Cucumber Sandwich (G, D) Fresh Salad Bar	Jacket Potato & Toppings Chicken Wrap (G, D, S) Fresh Salad Bar	Jacket Potato & Toppings Cream Cheese and Cucumber Bagel (G, D) Fresh Salad Bar	Jacket Potato & Toppings Cheddar and Lettuce Ciabatta (G, D) Fresh Salad Bar	Jacket Potato & Toppings Sandwich and Paninis Grab & Go (G, D) Fresh Salad Bar
	Dessert	Organic Fruit Yoghurt (D)	Selection of Jelly	Victoria Sponge (G, D, S)	Brownie (G,D,S Su)	Selection of Ice Creams (D)

Allergens:

(D) Dairy (G) Gluten (S) Soya (Mu) Mustard (Ce) Celery (Su) Sulphur

Please Note:

Salad bar, fresh breads & fruits are available every day; seasonal fruits and vegetables are used

Week 1: 3/3, 17/3, 31/3, 28/4, 12/5, 2/6, 16/6, 30/6, 14/7

Week 2: 24/2, 10/3, 24/3, 21/4, 5/5, 19/5, 9/6, 23/6, 7/7

	Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Main Option	Arrabbiata Pasta Seasonal Greens	Chana Masala & Rice (Mu, Ce) Seasonal Greens	Pasta Bolognese (Ce) Seasonal Greens	Tofu Stir Fry Veg Rice (S, Ce, Su) Seasonal Greens	Margherita Pizza & Chips (Ce, S) Seasonal Greens
	Light Meal	Jacket Potato & Toppings G/F & Vegan Sandwich Fresh Salads	Jacket Potato & Toppings G/F & Vegan Sandwich Fresh Salads	Jacket Potato & Toppings G/F & Vegan Sandwich Fresh Salads	Jacket Potato & Toppings G/F & Vegan Sandwich Fresh Salads	Jacket Potato & Toppings Fresh Salads
	Dessert	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day
WEEK 2	Main Option	Tandoori Curry & Yellow Rice (Ce, S) Seasonal Greens	Sweet Potato Falafel, Flat Bread and Hummus Seasonal Greens	Burrito and Sweetcorn Salsa Seasonal Greens	Chick'n Primavera Pasta Seasonal Greens	Margherita Pizza & Chips (Ce, S) Seasonal Greens
	Light Meal	Jacket Potato & Toppings G/F & Vegan Sandwich Fresh Salads	Jacket Potato & Toppings G/F & Vegan Sandwich Fresh Salads	Jacket Potato & Toppings G/F & Vegan Sandwich Fresh Salads	Jacket Potato & Toppings G/F & Vegan Sandwich Fresh Salads	Jacket Potato & Toppings Fresh Salads
	Dessert	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day

Allergens:

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